

1980 Region 5AA- May 19, 22 & 23, 1980 - Brooklyn Center

Teams: Mpls North 115, Mpls Central 88, Park Center 88, Osseo 47, Mpls Southwest 39, Fridley 33, Benilde-St. Margaret 20, Mpls Washburn 19, Mpls Roosevelt 15, Mpls Edison 13, Fridley Grace 10, Mpls Henry 9. No score- West, Holy Angels, & South.

110 Meter High Hurdles

- 1 Peter Najarian, Central 14.8
- 2 Craig Graffunder, Fridley 15.1
- 3 Shamus O'Meara, Park Center 15.5
- 4 Shawn Gilchrist, Washburn 15.6
- 5 Mike Mueller, Southwest 15.7
- 6 Tom Aune, Southwest 15.9

100 Meter Dash

- 1 Jeff Byrd, Central 10.9
- 2 Doug Braziel, North 11.1
- 3 Tom DuFresne, Grace 11.1
- 4 Darryl Whitson, North 11.4
- 5 Tom Bradley, Fridley 11.7
- 6 Mike Simon, Edison 11.8

1600 Meter Run

- 1 Kurt Holmgren, Park Center 4:28.6
- 2 Bill Hughes, Fridley 4:33.8
- 3 Ken Weidenbach, Osseo 4:38.2
- 4 Paul Durham, Central 4:38.3
- 5 Terry Wyber, Washburn 4:38.7
- 6 Mike Cogan, Benilde-SM 4:39.9

400 Meter Relay

- 1 North 43.0
- 2 Central 43.5
- 3 Park Center 45.4
- 4 Grace 45.5
- 5 Southwest 46.0
- 6 Washburn 47.0

400 Meter Dash

- 1 Redd Overton, North 49.0
- 2 Jon Hellims, Central 49.8
- 3 Tom Bradley, Fridley 49.9
- 4 Jesse Bratton, North 50.4
- 5 Bruce Breneman, Osseo 50.6
- 6 Geoff Cich, Benilde-SM 50.9

300 M Intermediate Hurdles

- 1 Mike Mueller, Southwest 39.4
- 2 Derek Hughes, North 39.8
- 3 Mike Phillips, Park Center 40.7
- 4 John Schwindt, Edison 40.9
- 5 Peter Najarian, Central 41.1
- 6 Mike Turnquist, Park Center 41.7

800 Meter Run

- 1 Geoff Cich, Benilde-SM 1:57.8
- 2 Danny Clark, North 1:57.8
- 3 John Wiley, North 1:59.8
- 4 Chad Carlson, North 2:00.7
- 5 Mike Hellman, Park Center 2:00.9
- 6 Dave Bjelland, Washburn 2:03.4

1600 M. Sprint Medley Relay

- 1 Southwest 3:37.4
- 2 North 3:37.4
- 3 Benilde-SM 3:37.7
- 4 Henry 3:41.6
- 5 Edison 3:46.0
- 6 Washburn 3:55.3

200 Meter Dash

- 1 Jeff Byrd, Central 22.2
- 2 Doug Braziel, North 11.1
- 3 Jesse Bratton, North 22.8
- 4 Tom Bradley, Fridley 23.1
- 5 John Steider, Benilde-SM 23.3
- 6 John Hollins, Central 23.4

3200 Meter Run

- 1 Dan Roach, Southwest 9:32.0
- 2 Bob Morris, Osseo 9:44.8
- 3 Vince Fabel, North 9:50.4
- 4 Bill Leon, Henry 9:51.2
- 5 Elliot Olson, Southwest 9:58.6
- 6 Robert Durham, Central 10:02.6

1600 Meter Relay

- 1 North 3:25.5
- 2 Osseo 3:29.1
- 3 Edison 3:30.9
- 4 Roosevelt 3:31.3
- 5 Park Center 3:33.3
- 6 Henry 3:34.6

High Jump

- 1 Lehman Riley, North 6-4
- 2 Robert Stevenson, Central 6-4
- 3 Rusty Scott, Central 6-2
- 3 Joe Alexander, Fridley 6-2
- 5 Mike Warren, Washburn 6-2
- 6 Mike Dillard, North 5-10

Pole Vault

- 1 Mike Schwanz, Park Center 13-4
- 2 Tim Barr, Washburn 13-0
- 3 John Larson, Roosevelt 13-0
- 4 Bob Crew, Roosevelt 13-0
- 5 Kirk Kuntz, Osseo 12-0
- 6 Dan Pohl, Park Center 11-6

Long Jump

- 1 Jeff Byrd, Central 22-5
- 2 Jim Schroer, Park Center 21-11
- 3 Kirk Kuntz, Osseo 20-11
- 4 Darryl Whitson, North 20-10.5
- 5 Carter Bray, Southwest 20-9.25
- 6 Bruce Breneman, Osseo 20-8

Shot Put

- 1 Jeff Voight, Park Center 54-11.25
- 2 Tony Forystek, Park Center 54-9
- 3 Jeremy Higgins, Osseo 53-6
- 3 Steve Wagner, Osseo 53-6
- 5 David Thompson, Central 53-0
- 6 Jesse Quam, Roosevelt 52-6

Discus

- 1 Paul Stewart, Park Center 152-3
- 2 David Thompson, Central 146-11
- 3 Tony Forystek, Park Center 142-1
- 4 Steve Wagner, Osseo 136-9
- 5 Shawn Gottsman, Park Center 134-9
- 6 Peter Najarian, Central 134-5

Notes: Minneapolis North was coached by Tony Queen.